

Directions to Clubs

A special thanks to all of these clubs for their support of the OHSRL.

<p>Cascade Athletic Club Gresham 503-665-4142</p>	<p><u>19201 S.E. Division, Gresham</u> From I-84 east, take Exit 13 (181st Street). Head south on 181st about 5 miles or so to Division Street. Turn left (east) on Division and go about 3/4 of a mile. The club is on the left side.</p>
<p>Chemeketa Comm. College Salem 503-399-5023</p>	<p><u>4000 Lancaster Dr. N.E., Salem</u> From I-5 south, take Exit 260 B (Keizer and Chemawa Road). Turn Left on Lockhaven, cross bridge over freeway to Portland Road. Turn right. Drive about 3/4 of a mile. Turn left on Lancaster Drive at blinking yellow light. Drive 1 mile. Take left at light on Cooley Drive (entrance to Chemeketa Community College). Take first right (in front of parking lot A). At stop sign take left. Go past fire station and look for Building 7 on the left, which is across from the track.</p>
<p>Courthouse North Lancaster Courthouse Athletic Club Salem 503-585-2582</p>	<p><u>4132 Devonshire Ct. N.E., Salem</u> From I-5 south, take Exit 260 B (Keizer and Chemawa Road). Turn left on Lockhaven, cross bridge over freeway to Portland Road. Turn right. Drive about 3/4 of a mile. Turn left on Lancaster Drive at blinking yellow light. Drive about two miles to Devonshire Court and turn left. (Devonshire is the first light after Silverton Road.)</p>
<p>Courthouse South Salem Courthouse Athletic Club Salem 503-364-8463</p>	<p><u>2975 River Rd. S., Salem.</u> From I-5 south, take Salem Parkway Exit. Go south on Salem Parkway about 4 to 5 miles until you get to downtown Salem and Salem Parkway becomes Commercial. Proceed through the downtown area. Stay in right lane and turn right on Owens. After about two blocks, Owen bends south and becomes River Road. Club is about 1.5 miles down on the right. If you get to the Salem Golf Course, you have gone one driveway too far.</p>
<p>East Side Athletic Club Milwaukie 503-659-3845</p>	<p><u>Intersection of Hwy 99 E (McLoughlin) and Boardman, Milwaukie/Gladstone</u> From I-205 south, take Exit 9 (OR-99E toward Oregon City/Gladstone). Turn right onto McLoughlin Blvd/OR-99E and proceed about two miles (over bridge). Turn right at a little tavern called Pete's Lair (look for the yellow sign), which is on Boardman. If you go past Hale's Restaurant on McLoughlin, you missed the turn. The club is on Boardman, just a block to the east of Hwy 99E (McLoughlin).</p>
<p>Lloyd Athletic Club Portland 503-287-4594</p>	<p><u>815 NE Halsey, Portland</u> From I-5 north, take the Coliseum exit, turn east on Weidler. Then turn right on 9th street and right on Halsey. The club lies between Weidler and Halsey, and between 8th and 9th street. Enter from Halsey.</p>
<p>Mt. Hood Athletic Club Sandy, 503-826-0565</p>	<p><u>37095 Hwy. 26, Sandy</u> From I-84 east, take exit 16 at Wood Village. Turn right off of the exit and follow 242nd toward Gresham for 1.2 miles. Turn left onto Burnside, which becomes Hwy. 26. Proceed for about 10 miles. Once you enter Sandy, look for MHAC on the left-hand side of Hwy. 26.</p>

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<p>Multnomah Athletic Club Portland 503-223-6251</p>	<p><u>1849 S.W. Salmon, Portland</u> Take I-5 north to I-405 north. Take the Salmon Street exit. The second light is Southwest Salmon. Turn left to 18th Ave. Take a left after one block. Turn right on Southwest Salmon. The main building is on the right, the parking is on the left.</p>
<p>Sunset Athletic Club Portland 503-645-3535</p>	<p><u>13939 N.W. Cornell Rd., Portland</u> From Hwy. 26 west, take the Murray exit. Turn right on Murray and go about 1/4 mile to Cornell; turn left (west) on Cornell and go about 1/4 mile. The club is located on the right hand side of Cornell, across from the soccer/baseball/ football fields of Sunset High School.</p>